

Physical Examination Required for School Sports

Dear Parent/Guardian:

An up-to-date physical examination must be on file with the school before a student tries out for, practices, or plays a school sport. Sports physicals are intended to determine if a student is healthy enough to participate in sports and to help minimize the risk of sports-related injuries. Your child may not participate in sports programs without a completed sports physical exam.

A copy of the examination form must be on file for your student every _____ school year(s) for each sporting event.

The attached examination form is to be completed by your healthcare provider. If you have questions or require assistance, please contact:

Name: _____

Phone: _____

Upon completion of your child's physical examination, take or send a copy to your child's school.

Sincerely,

Name: _____

Title: _____

Phone Email Address: _____

学校体育运动要求的体检

尊敬的家长/监护人：

在学生尝试、练习或参加学校体育运动之前，必须向学校提交最新的体检报告。运动体检旨在判定学生是否足够健康并可以参与体育活动，体检也有助于最大限度地减少运动相关损伤的风险。未完成运动体检前，您的孩子暂时不得参与体育项目。

您的学生必须在每__学年，针对每项体育赛事存档一份体检表副本。

请将随附的体检表交由您的医疗保健提供方填写。如果您有任何问题或需要任何帮助，请联系：

姓名：

电话：

完成您孩子的体检后，请将一份体检报告副本交给或寄送至孩子学校。

此致，

姓名：

职务：

电话 & 电子邮箱：