

Course Requirements for Health and Physical Education (PK-12)

Pitt ID:

Name:

Advisor:

| COMPETENCIES | Cr | Trm | Gr |
|------------------------------|----|-----|----|
| Writing | | | |
| ENG 0101 English Composition | 3 | | |
| ENG 0102 English Composition | 3 | | |
| UL Writing | * | | |
| Mathematics | | | |
| MATH | 3 | | |
| MATH | 3 | | |

THE HUMAN EXPERIENCE

| | | | |
|---|---|--|--|
| Arts & Letters (9 credits) | | | |
| <i>Must include at least one course in literature, and at least one course in the creative, fine, and performing arts.</i> | | | |
| Literature | 3 | | |
| Arts | 3 | | |
| EDUC 0255 or 0275 | * | | |
| Behavioral, Economic, & Political Sciences (9 credits) | | | |
| <i>Courses must be selected from at least two different categories.</i> | | | |
| PSY 0101 | 3 | | |
| | 3 | | |
| | 3 | | |
| History, Cultures, & Philosophical Inquiry (9 credits) | | | |
| <i>At least one history course is required and at least one course from either of the other two categories (Culture or Philosophical Inquiry)</i> | | | |
| HIST | 3 | | |
| | 3 | | |
| EDUC 0215 English Language Learners (Global) | * | | |
| Physical, Life, & Computational Sciences (9-10 credits) | | | |
| <i>Must include one course each in physical sciences and life sciences, one of which must have a laboratory.</i> | | | |
| BIOL 0212 A&P I | * | | |
| CHEM 0187 Drugs & Society | * | | |
| | 3 | | |
| Physical Education (1 credit) | | | |
| | * | | |
| First Year Seminar (1 credit) | | | |
| FS 0104 | 1 | | |

* Denotes that the Course is used to satisfy more than one requirement.

Students must earn 120 credits exclusive of development courses such as MATH 0097.

A second course designated as global is required:
Course # and name:

| MAJOR | Cr | Trm | Gr |
|---|----|-----|----|
| PEDC 0202 Lifeguarding OR PEDC 0110 Fitness Swimming | 1 | | |
| BIOL 0212/0222 A&P I | 4 | | |
| CHEM 0187 Drugs & Society | 3 | | |
| Required Core H-PE Courses | | | |
| EXSCI 0108 Nutrition | 3 | | |
| EXSCI 0204 First Aid/CPR | 2 | | |
| EXSCI 0225 Functional Human Anatomy | 3 | | |
| EXSCI 1305 Biomechanics | 3 | | |
| EXSCI 1306 Exercise Physiology 1 | 4 | | |
| HPRED 0209 Personal Health & Wellness | 3 | | |
| HPEDU 0102 Current Issues in Community Health | 3 | | |
| HPEDU 0201 Individual, Team and Recreational Sports | 3 | | |
| HPEDU 1330 Motor Behavior | 3 | | |
| HPEDU 1336 Educational Movement Concepts | 3 | | |
| Education Courses | | | |
| EDUC 0204 Intro to Education | 3 | | |
| EDUC 0215 English Language Learners | 3 | | |
| EDUC 0220 Special Education Law | 3 | | |
| EDUC 0235 Instructional Design | 3 | | |
| EDUC 0255 Children's Literature OR EDUC 0275 Adolescent Literature | 3 | | |
| EDUC 1325 Development of Children with Exceptional Needs | 3 | | |
| EDUC 1345 Educational Theories & Practices | 3 | | |
| EDUC 1350 Educational Psychology and Measurement | 3 | | |
| Admission to program is a pre-requisite for these courses | | | |
| EDUC 1301 Instructional Technology | 3 | | |
| HPEDU 1300 Adaptive Physical Ed. | 3 | | |
| HPEDU 1321 Methods of Teaching Health | 3 | | |
| HPEDU 1400 Methods of Teaching Physical Education | 3 | | |
| EDUC 1451 Education Capstone | 3 | | |
| EDUC 1481 Student Teaching | 12 | | |

123 Credits

All courses in the major must be completed with a C- or higher and a 3.0 grade point average must be maintained.