



CYCLING IN YOUR COMMUNITY

Safe places to ride, and
people who can help



Quiet neighborhood streets



A State Park bike trail



A Bike Path



Sidewalk riding is allowed in some places, but not in others.



Adults can help you get ready to ride,



and they can ride along with you.



Some adults teach parents how to help with kids' bikes.



Some policemen are trained to help kids with their bikes,



and local bike shops have professional mechanics who can help.

