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Yourself



# INTRODUCTION

# Introduction to the Organ and Tissue Donation Awareness Revised Toolkit *March 2019*

Organ and Tissue Donation Awareness (OTDA) education is an initiative of the Pennsylvania Department of Education (PDE) designed to provide public school students with the knowledge and skills they need to make informed decisions related to organ and tissue donation. The initiative began in 1994 when the state legislature passed the Governor Casey Act. Act 102, as it is called, stipulates that the commonwealth makes a comprehensive and collaborative effort toward increasing organ and tissue donation awareness among the citizens of Pennsylvania.

In February of 2019, Bill 108 was passed and Act 90 of 2018 was signed into law by Governor Wolfe. Within the legislation it is required that a curriculum framework be developed by the Department of Education. This curriculum toolkit fulfills the requirements set forth by Act 90 of 2018.

The OTDA Education Project is an ongoing partnership between the Pennsylvania Department of Education and the Lancaster-Lebanon Intermediate Unit 13 since 1996. The mission of the OTDA Project is to promote awareness of organ and tissue donation in the secondary schools throughout the commonwealth. It is our responsibility as educators, to provide students with the information and tools necessary to make informed decisions regarding organ and tissue donation. The revised OTDA Curriculum Toolkit was designed to reflect current legislation, research, teaching strategies, and resources.

This revised toolkit meets the requirements of PDE as described in Act 90 of 2018. These three foci include:

- 1. To provide a scientific overview of anatomical donation, its history and scientific advancement.
- 2. Fully address the risks and benefits of and the myths and misunderstandings regarding organ and tissue donation.
- 3. Explain the options available to minors and adults, including the option of designating oneself as an organ and tissue donor and the option of not designating oneself as an organ and tissue donor.

# Schoology and Standards Aligned System (SAS)

The toolkit also provides a Schoology forum and SAS portal for Pennsylvania educators, nurses, administrators, and our PA partners to share information, lesson plans, links, articles, and more for bringing organ and tissue donation awareness to Pennsylvania students in grades 9 through 12.

The purpose of the toolkit is:

- To provide secondary educators with information about OTDA.
- To provide secondary educators with tools they can readily use to implement the OTDA Curriculum Framework.
- To provide both a concrete and web-based format so that teachers can choose the most comfortable and convenient access route to this vital information.
- To provide resources to enable students to make personal choices regarding organ and tissue donation.

# Partners



The Center for Organ Recovery & Education (CORE) is one of 58 federally designated not-for-profit organ procurement organizations (OPOs) in the United States, serving more than five million people in western Pennsylvania, West Virginia and Chemung County, NY. Like all OPOs, CORE coordinates the recovery and matching of organs, tissues and corneas for transplant within our service region and works tirelessly to create a culture of donation within the hospitals and communities we serve. CORE's goal is to end the deaths of those on the transplant waiting list, all the while maintaining integrity for the donation process, dignity for the donors, and compassion for their families.



Headquartered in Philadelphia, PA, Gift of Life Donor Program is the largest organ procurement organization (OPO) in the United States, serving 11.2 million people across the eastern half of Pennsylvania, southern New Jersey and Delaware. The non-profit, federally-designated OPO is part of the national network, UNOS, the United Network for Organ Sharing. Working in partnership with the 128 acute care hospitals and 15 transplant centers in its designated service area, Gift of Life helps give people a second chance at life. Since 1974, Gift of Life has coordinated more than 47,000 organs for transplantation and approximately one million life-enhancing tissue transplants.

# PRE-TEST

- 1. How do you become an organ donor?
- 2. What organs can be used for donation?
- 3. How are donors and recipients matched?
- 4. Are there health requirements to become a donor?
- 5. Have you ever read anything about organ and tissue donation?
- 6. If you are an organ donor, do you think your organs can be used for transplant?
- 7. Do you think if you smoke or drink you can become an organ donor?
- 8. How is organ tissue donation done in other countries?
- 9. What happens during a transplant?
- 10. How long can organs be kept after recovery before they are transplanted?
- 11. What does the acronym CORE stand for?
- 12. If you are not designated as an organ donor, can your family designate for you?
- 13. If your family does not want you to donate your organs, can you still be a donor?
- 14. Does this topic scare you?
- 15. Why is it important to understand organ and tissue donation?
- 16. OPO is an acronym for \_\_\_\_\_



# Post-Test

- 1. How do you become an organ donor?
- 2. What organs can be used for donation?
- 3. How are donors and recipients matched?
- 4. Are there health requirements to become a donor?
- 5. Have you ever read anything about organ and tissue donation?
- 6. If you are an organ donor, do you think your organs can be used for transplant?
- 7. Do you think if you smoke or drink you can become an organ donor?
- 8. How is organ tissue donation done in other countries?
- 9. What happens during a transplant?
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- 16. OPO is an acronym for \_\_\_\_\_\_.



# Top Myths about Donation





### **MYTH 1:**

If I am in an accident and the doctors or nurses find my donor card, they will not try to save my life.

**FACT:** Doctors, nurses and paramedics will do everything to try to save your life. In fact, an individual needs to be in the hospital, on a ventilator and pronounced dead in order to donate organs. An organ procurement organization (OPO) is not notified until all life-saving efforts have failed.

#### **MYTH 2:**

I do not want my body "cut up."

**FACT:** Donated organs and tissue are removed surgically in the regular hospital operating room. Doctors maintain dignity and respect for the donor at all times.

## **MYTH 3:**

Wealthy people are the only people who receive transplants.

**FACT:** Most major insurances now cover heart, liver, kidney, and lung transplants. Donors don't need to pay for donation, either. An organ procurement organization (OPO) assumes all costs related to the donation. Additionally, organs are matched first according to clinical criteria, such as blood type, followed by medical urgency and then time accrued on the waiting list.

## **MYTH 4**:

I am not the right age for donation.

**FACT:** Organs may be donated from someone as young as a newborn. There is no age limit for organ donation. The general age limit for tissue is 80 and for corneas is 70.

### **MYTH 5:**

If I do not sign a donor card, my organs and tissues won't be donated.

**FACT:** Without a donor card or donor designation, families of suitable donors will be offered the opportunity to donate. To ensure your wishes are fulfilled, sign a donor card or place the designation on your license/state identification card.

### **MYTH 6:**

My religion does not support donation.

FACT: Major organized religions support donation.

### **MYTH 7:**

Only heart, liver and kidneys can be transplanted.

**FACT:** The pancreas, lungs, and intestines can also be transplanted, as can corneas, bone, ligaments, tendons, heart valves, saphenous veins and skin.

## **MYTH 8:**

I don't want my organs going to people who didn't take care of theirs.

**FACT:** Most recipients have illnesses or diseases unrelated to lifestyle choices. People who abuse drugs/alcohol make up less than 5% of recipients, and must stay sober for 5 months before being added to the transplant list.

#### **MYTH 9:**

I have a history of medical illness. You would not want anything.

**FACT:** At the time of death, an organ procurement organization (OPO) will review medical and social histories to determine suitability. Few illnesses or conditions prevent someone from being a donor.