BONES FROM UPPER HALF OF APPENDICULAR SKELETON

Shoulder Girdle

* Clavicle
  + Sternal vs. Acromial Ends (Sternoclavicular Joint and Acromioclavicular Joint)
* Scapula
  + Acromion
  + Glenoid Cavity

Arm Bones

* Humerus
  + Head
  + Capitulum
  + Trochlea
  + Medial Epicondyle
  + Olecranon Fossa
  + Coronoid Foss
* Radius
  + Head
* Ulna
  + Olecranon
  + Trochlear Notch
  + Coronoid Process

Hand Bones

* Carpals (8)
* Metacarpals (5)
* Phalanges (14)

BONES FROM LOWER HALF OF APPENDICULAR SKELETON

Bony Pelvis

Acetabulum

* Sacrum
* Coccyx
* Ossa Coxae
  + Ilium
  + Ischium
  + Pubis
    - Obturator Foramen
    - Pubic Symphysis and Arch

Leg Bones

* Femur
  + Head
  + Lateral and Medial Condyles
  + Intercondylar Fossa
  + Patellar Surface
* Tibia
  + Lateral and Medial Condyles
  + Intercondylar Eminence
  + Tibial Tuberosity
* Fibula
  + Head

Foot Bones

* Tarsals (7)
  + Calcaneous
  + Talus
* Metatarsals (5)
* Phalanges (14)

SKULL BONES OF AXIAL SKELETON

Skull

* Cranium
  + Frontal
  + Parietal
    - Coronal Suture
  + Temporal
    - Squamous Suture
    - External Acoustic Meatus
  + Occipital
    - Lambdoid Suture
    - Foramen Magnum
  + Sphenoid
  + Ethmoid
* Facial
  + Maxillae
  + Palatine
  + Zygomatic
  + Lacrimal
  + Nasal
  + Vomer
  + Mandible

VETERBRAL COLUMN OF AXIAL SKELETON

Parts of a Vertebrae

* Body
* Vertebral Foramen
* Vertebral Arch
  + Lamina and pedicle
* Spinous Process
* Transverse Process
* Superior and Inferior Articular Process

Vertebral Column and Vertebrae

* Cervical
* Thoracic
* Lumbar
* Sacrum and Coccyx

THORACIC CAGE OF AXIAL SKELETON

Thoracic Cage

* Sternum
  + Manubrium
    - Jugular Notch
  + Body
    - Sternal Angle
  + Xiphoid Process
    - Xiphisternal Joint
* Ribs
  + True Ribs
  + False Ribs

BONES TO KNOW FROM WHOLE SKELETON

Skeleton

* Skull
* Clavicle
* Scapular
* Sternum
* Ribs
* Humerus
* Vertebra
* Sacrum
* Radius
* Ulna
* Carpals
* Metacarpals
* Phalanges
* Femur
* Patella
* Tibia
* Fibula
* Tarsals
* Metatarsals
* Phalanges (again)