Suggested Course of Study BS Health and Physical Education

	First Semester		Second Semester	
ENG 0101	English Composition 1	3	CHEM 0187 Drugs & Society	3
FS	Freshman Seminar	3	PSY 0101 Intro to Psychology	3
HPRED 0209	Personal Health & Wellness	3	ENG 0102 English Composition 2	3
MATH	GE Competency	3	HPEDU 0102 Current Issues in Comm. Health	3
EDUC 0204	Intro to Education*	3	PEDC 0202 or Lifeguarding (spring) or PEDC 0110 Fitness Swimming (fall)	1
	•		MATH GE Competency	3
	Total Credits	15	Total Credits	16

	Third Semester			Fourth Semester	
BIOL 0212/0222	A & P 1	4	EXSCI 0225	Functional Human Anatomy	3
EDUC 1325	Development of Children with Exceptional Needs*	3	EDUC 0235	Instructional Design*	3
HPEDU 0201	Individual, Team & Recreational Sports	3	HPEDU 1330	Motor Behavior	3
HPRED 0180	Sport Safety Training	2	EXSCI 0108	Nutrition	3
Behavioral, Eco	nomics or Political Science	3	Behavioral, Eco	onomic or Political Science	3
			History Electiv	e (required)	3
	Total Credits	15		Total Credits	18

*	**Fifth Semester		Sixth Semester	
EDUC 0215	English Language Learners	3	EXSCI 1305 Biomechanics	3
EDUC 1345	Educ. Theories & Practices	3	HPEDU 1300 Adaptive Physical Education*	3
ENG	Literature Elective	3	HPEDU 1321 Methods of Teaching Health*	3
EXSCI 1306	Exercise Physiology	4	EDUC 0255 or Children's Literature or EDUC 0275 Adolescent Literature	3
Arts Elective		3	EDUC 1301 Instructional Technology	3
			History, Cultures or Philosophical Inquiry	3
	Total Credits	16	Total Credits	18

Se	eventh Semester		Eighth Semester
EDUC 0220	Special Education Law*	3	EDUC 1481 Student Teaching
EDUC 1350	Ed Psych & Measurement	3	·
HPEDU 1336	Educ Movement Concepts	3	
HPEDU 1400	Methods of Teaching Physical Education*	3	
HPEDU 1451	Capstone	3	
	Total Credits	15	Total Credit

^{*}Denotes a course with field requirements.

**Must be officially admitted to Teacher Certification Program by this time.

NOTE: Students who started at Pitt-Bradford prior to fall 2013 must complete ONE GE course designated as Non-Western. Students who started at Pitt-Bradford fall 2013 and after must complete TWO GE courses designated as GLOBAL.

Total credits for major: 125