## Suggested Course of Study BS Health and Physical Education

| First Semester |  |  | Second Semester |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| ENG 0101 | English Composition 1 | 3 | CHEM 0187 | Drugs \& Society | 3 |
| FS | Freshman Seminar | 3 | PSY 0101 | Intro to Psychology | 3 |
| HPRED 0209 | Personal Health \& Wellness | 3 | ENG 0102 | English Composition 2 | 3 |
| MATH | GE Competency | 3 | HPEDU 0102 | Current Issues in Comm. Health | 3 |
| EDUC 0204 | Intro to Education* | 3 | $\begin{aligned} & \text { PEDC } 0202 \text { or } \\ & \text { PEDC } 0110 \end{aligned}$ | Lifeguarding (spring) or Fitness Swimming (fall) | 1 |
|  |  |  | MATH | GE Competency | 3 |
|  | Total Credits | 15 |  | Total Credits | 16 |


| Third Semester |  | 4 | Fourth Semester |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { BIOL } \\ & 0212 / 0222 \end{aligned}$ | A \& P 1 |  | EXSCI 0225 | Functional Human Anatomy | 3 |
| EDUC 1325 | Development of Children with Exceptional Needs* | 3 | EDUC 0235 | Instructional Design* | 3 |
| HPEDU 0201 | Individual, Team \& Recreational Sports | 3 | HPEDU 1330 | Motor Behavior | 3 |
| HPRED 0180 | Sport Safety Training | 2 | EXSCI 0108 | Nutrition | 3 |
| Behavioral, Economics or Political Science |  | 3 | Behavioral, Economic or Political Science |  | 3 |
|  |  |  | History Elective (required) |  | 3 |
|  | Total Credits | 15 |  | Total Credits | 18 |


| **Fifth Semester |  |  | Sixth Semester |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EDUC 0215 | English Language Learners | 3 | EXSCI 1305 | Biomechanics | 3 |
| EDUC 1345 | Educ. Theories \& Practices | 3 | HPEDU 1300 | Adaptive Physical Education* | 3 |
| ENG | Literature Elective | 3 | HPEDU 1321 | Methods of Teaching Health* | 3 |
| EXSCI 1306 | Exercise Physiology | 4 | EDUC 0255 or EDUC 0275 | Children's Literature or Adolescent Literature | 3 |
| Arts Elective |  | 3 | EDUC 1301 | Instructional Technology | 3 |
|  |  |  | History, Cultures or Philosophical Inquiry |  | 3 |
|  | Total Credits | 16 |  | Total Credits | 18 |


| Seventh Semester |  |  | Eighth Semester |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EDUC 0220 | Special Education Law* | 3 | EDUC 1481 | Student Teaching | 12 |
| EDUC 1350 | Ed Psych \& Measurement | 3 |  |  |  |
| HPEDU 1336 | Educ Movement Concepts | 3 |  |  |  |
| HPEDU 1400 | Methods of Teaching Physical Education* | 3 |  |  |  |
| HPEDU 1451 | Capstone | 3 |  |  |  |
|  | Total Credits | 15 |  | Total Credits | 12 |
| *Denotes a co <br> **Must be off | with field requirements. lly admitted to Teacher Cert |  | his time. | Total credits for major |  |
| NOTE: Studen | ho started at Pitt-Bradford p | to | complete O | GE course designated as |  |
| Non-Western GLOBAL. | dents who started at Pitt-Bra | ord | after must | lete TWO GE courses designated |  |

