

## Course Requirements for Health and Physical Education (PK-12)

Pitt ID: \_\_\_\_\_

Name: \_\_\_\_\_

Advisor: \_\_\_\_\_

COMPETENCIES	Cr	Trm	Gr
<b>Writing</b>			
ENG 0101 English Composition	3		
ENG 0102 English Composition	3		
UL Writing	*		
<b>Mathematics</b>			
MATH	3		
MATH	3		

### THE HUMAN EXPERIENCE

<b>Arts &amp; Letters (9 credits)</b>			
<i>Must include at least one course in literature, and at least one course in the creative, fine, and performing arts.</i>			
Literature	3		
Arts	3		
EDUC 0255 or 0275	*		
<b>Behavioral, Economic, &amp; Political Sciences (9 credits)</b>			
<i>Courses must be selected from at least two different categories.</i>			
PSY 0101	3		
	3		
	3		
<b>History, Cultures, &amp; Philosophical Inquiry (9 credits)</b>			
<i>At least one history course is required and at least one course from either of the other two categories (Culture or Philosophical Inquiry)</i>			
HIST	3		
	3		
EDUC 0215 English Language Learners (Global)	*		
<b>Physical, Life, &amp; Computational Sciences (9-10 credits)</b>			
<i>Must include one course each in physical sciences and life sciences, one of which must have a laboratory.</i>			
BIOL 0212 A&P I	*		
CHEM 0187 Drugs & Society	*		
	3		
<b>Physical Education (1 credit)</b>			
	*		
<b>Freshman Seminar (3 credits)</b>			
	3		

\* Denotes that the Course is used to satisfy more than one requirement.

Students must earn 120 credits exclusive of development courses such as MATH 0097.

A second course designated as global is required:

Course # and name: \_\_\_\_\_

MAJOR	Cr	Trm	Gr
PEDC 0202 Lifeguarding OR PEDC 0110 Fitness Swimming	1		
BIOL 0212/0222 A&P I	4		
CHEM 0187 Drugs & Society	3		
<b>Required Core H-PE Courses</b>			
EXSCI 0108 Nutrition	3		
EXSCI 0225 Functional Human Anatomy			
EXSCI 1305 Biomechanics	3		
EXSCI 1306 Exercise Physiology 1	4		
HPRED 0180 Sport Safety Training	2		
HPRED 0209 Personal Health & Wellness	3		
HPEDU 0102 Current Issues in Community Health	3		
HPEDU 0201 Individual, Team and Recreational Sports	3		
HPEDU 1330 Motor Behavior	3		
HPEDU 1336 Educational Movement Concepts	3		
<b>Education Courses</b>			
EDUC 0204 Intro to Education	3		
EDUC 0215 English Language Learners	3		
EDUC 0220 Special Education Law	3		
EDUC 0235 Instructional Design	3		
EDUC 0255 Children's Literature OR EDUC 0275 Adolescent Literature	3		
EDUC 1325 Development of Children with Exceptional Needs	3		
EDUC 1345 Educational Theories & Practices	3		
EDUC 1350 Educational Psychology and Measurement	3		
<b>Admission to program is a pre-requisite for these courses</b>			
EDUC 1301 Instructional Technology	3		
HPEDU 1300 Adaptive Physical Ed.	3		
HPEDU 1321 Methods of Teaching Health	3		
HPEDU 1400 Methods of Teaching Physical Education	3		
EDUC 1451 Education Capstone	3		
EDUC 1481 Student Teaching	12		

### 125 Credits

All courses in the major must be completed with a C- or higher and a 3.0 grade point average must be maintained.