

Seth T. Lowery

503 North Main Street
Port Allegany, PA 16743

sethlowery44@gmail.com

(814) 558-3833

Education

Bachelor of Science in Health and Physical Education May 2015

Slippery Rock University of Pennsylvania, Slippery Rock, PA

Overall QPA 3.54

Pennsylvania Instructional I Certification in Health and Physical Education K-12

Student Teaching and Field Experiences

Secondary Physical Education Field, Lakeview High School Stoneboro, PA

February–May 2014

- Assisted the teacher instruct physical education classes for 9th-12th grade students in Badminton and Volleyball.

Elementary Physical Education Field, Mars Elementary School Mars, PA

September-December 2014

- Twice a week for three periods a day I went and taught P.E with Ms. Best
- I taught multiple dances
- I worked on football skills with the students (Punt, Pass, Kick)

Health Education Field, Mars High School Mars, PA

September-December 2014

- I taught CPR, AED, and First aid to 10th Grade students

Student Teaching, Delahunty Middle School Hermitage, PA

January-March 2015

- I taught three 7th grade, and one 5th Grade Health Classes a Unit on Nutrition
- I taught two 6th grade, and one 4th Grade P.E. Classes a Unit on Volleyball

Student Teaching, Hickory High School Hermitage, PA

March-May 2015

- I taught two 8th Grade P.E. Classes Ultimate Frisbee, and Kickball
- I taught three 10th Grade Health Classes Three, Two week Units (Stress, Mental Disorders, Tobacco)

Related Experience

PE-152 Introduction to Teaching Physical Education - Fall 2011

- In this class I went and observed teachers.

PE-274 Assessment Strategies for Physical Education - Spring 2013

- I learned different types of assessment to use when teaching students.

PE- 352 Secondary PETE Methods – Spring 2014

- I went into schools and taught lessons on volleyball to students in high school.

PE-362 Introduction to Teaching Health Education – Spring 2014

- In this class I taught a lesson on bullying and went over different activities to do in class.

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- Worked with a client with Autism for 6 weeks.
- Helped intellectually disabled children ride horses at the Equestrian Center in Slippery Rock.
- Taught different dances in Grove City to home schooled children.

Teaching Experience

Substitute Teacher- Port Allegany School District

August 2016-May 2017

- Kindergarten through 12th Grade Substitute Teacher

Substitute Teacher- Coudersport Area School District

August 2016-May 2017

- 7th through 12th Grade Substitute Teacher

Long Term Substitute- Oswayo Valley High/Middle School

August 2015-June 2016

- I taught 7th and 9th Grade Health Classes including life skill students
- I taught 6th through 12th Physical Education classes including life skill students

Coaching Experience

Port Allegany School District

- 2016-2017 Volunteer Track Throwing Coach
- 2017-2018 Assistant Football Coach

Oswayo Valley School District

- 2015-2016 Head Varsity Softball Coach
- 2016-2017 Assistant Head Varsity Softball Coach

Hickory High School

- 2014-2015 Volunteer Assistant Track Throwing Coach